

Mission u for you



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Sometimes you need time and space to recenter and restore. To enrich your spirit and take care of your soul. To energize your relationship with God.



Be nurtured and encouraged

Welcome to Mission u, a transformative experience designed to recharge and refocus your faith. Offering study on biblically grounded curricula, Mission u motivates, informs, and enriches our commitment to create a more just and equitable world, locally and globally.

Let's discover together

Join us as we collectively discover how God calls us to respond to suffering with compassion.

- Gain confidence in your interpretation of scripture, with a justice lens that connects to today's world.
- Connect across generations with curricula for adult, youth, and children that use the same focus and themes.
- Develop the confidence to speak about social issues as a person of faith.

What you can expect

- Eight-session curricula* with trained facilitators
- Events in person or online, focused on applying faith to everyday situations
- Opportunities to exchange ideas and engage in fun activities in nontraditional settings

^{*} Curricula also available for purchase as a book.



Recharge with Mission u

It's time to come together and work on meaningful transformation. To gather details about this year's curricula and learn more about how to lead, attend, or share Mission u, go to:

uwfaith.org/events/mission-u/



United Methodist Women is now United Women in Faith. We've taken a new name to better reflect how we answer our calling today, as we commit to even greater inclusivity, activism, and impact. Yet we remain women of passion and power, united by God's love in our mission to help women, children, and youth.

uwfaith.org

